

Drum Choreography - Saturday Class 2016

2x8 Ghawazi (out-up-downs)
2x8 Hip shimmy (shoulder pop)
2x8 Hip drop travel back
2x8 Shoulder shimmy
2x8 Arabic (left hip) to face back (right diagonal) Look over rt shoulder on 8
1x8 Up, down down, up up, down down (rt hip)
1x8 repeat left hip
2x8 Kashlimar travel left to face front
2x8 Travel left (rt hip drops with shimmy)
2x8 Travel rt hip twists in circle to face front
1x8 Shimmy (pops) contract contract lift
1x8 Shoulder shimmy
1x8 Rib cage lefts to drop hip shimmy
1x8 Big hip circle w little heel drops
1x8 Shimmy r-left-r step hop (on rt foot) little kick (w left foot)
1x8 Left toe touch front, touch back into 3 tush pushes
1x8 Kashlimar to face back
1x8 Look over left shoulder w little left shoulder shimmy
1x8 Three step hops starting on left foot with turns traveling right-big hip out
1x8 Chest circle to the right, lift drop, chest circles to the left, lift drop.
1x8 Travel left with turns (2-3) reach up to the left on 8
1x8 Bring rt arm up and over toward right hip with rt hip drops
1x8 Travel back with Folky step hos with hip drops.
1x8 Hips downs (in place) starting on right
1x8 Hip shimmy side to side
2x8 Triplets travel forward end with two heel drops
1x8 Steps to the right (3) left hip out
1x8 Repeat other direction end with pops (contract, contract lift)
2x8 Shoulder shimmys as in the beginning
Shimmy into a slow and deep shimmy
Switches to a fast shimmy, clapping while turning to the rt
Spinning to the right into a shimmy
Repeat other direction
Ghawazi Finish!

